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NEWSLETTER: APRIL 2014

Thank You Volunteers!

Volunteer Meeting:

On Tuesday April 8, 2014 the Olds & District Hospice Society was excited to have Heather Moon share an education evening with us! She informed us about her work and passion for perinatal bereavement.

For more information on perinatal programs in this region you may view some of the programs that are available here:

Alberta Perinatal Health Program
<http://www.aphp.ca/index.html>

Alberta Health Services Perinatal Bereavement Program
<http://www.albertahealthservices.ca/services.asp?pid=service&rid=5569>

Volunteer Appreciation Week:

We as the Olds & District Hospice Society are so honored to share our journey with our many volunteers who give freely and sit in the sacred space with families as they face end of life.

We thank you from the bottom of our hearts for your commitment, compassion and gift of time and self.

We'd also like to acknowledge those faithful volunteers who offer their time in support of our annual hike and all the events we depend on your participation in.

Thank you for showing your support for all that we stand for!! We are better together!!

Thank you!

Do You Want To Go Green?

If you wish to receive future newsletters via email, please email
Olds and District Hospice Society at
hospice.olds@gmail.com



HIKE FOR HOSPICE

JOIN US IN OUR 3RD ANNUAL HIKE FOR HOSPICE!!!

We are so excited to host this awareness campaign in unity with the Canadian Hospice Palliative Care Association to raise funds that will stay **100%** in our community.

Join with family and friends to run or walk the 1km or 5km hike!

We have some exciting news to announce on hike day 😊



Sunday, May 4th, 2014

Olds & District Sports Complex

5133-52 Street, Olds, Alberta

Registration 8:45 am

Welcome Ceremonies: 9:30 am

Start: 10:00 am

***Run, Walk, or Wheel along trails in Olds
1km or 5km***

**Register and Collect Your Pledges
as an individual or a team/family
Minimum pledges:
Individual \$25 or Family \$50**

**For information call
403-559-7214**

Informational Poster & Registration Form found Here:

★ <http://oldshospice.com/wp-content/uploads/2012/04/hike-2014-pledge-form-eng-20-line.pdf> ★



On The Board

OLDS & DISTRICT HOSPICE SOCIETY BOARD MEMBERS 2013-2014

Harold Johnsrude, President/Chair
Kathy Kemmere, Vice-president/Vice-Chair
Charlene Schramm, Secretary/Treasurer
Marion Kasawal
Betty Neufield
Gina Reed
Connie Strautman
Dr. Steven Turner
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Heather Fidelak

Cindy Roberts

Gina Reed

Operations & Development

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Marion Kasawal: Chair

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Charlene Schramm: Chair

Lorna Marcotte

Executive

Harold Johnsrude, Chair/President

Kathy Kemmere, Vice-president

Charlene Schramm,
Secretary/Treasurer

Bereavement Program

The Olds and District Hospice Society
will be offering another 8 week
Bereavement Support Program in the
Fall of 2014.



Olds and District
**HOSPICE
SOCIETY**



New Office Hours!

**Tuesday and Wednesday 9am-5pm
&
Thursday 9am-12pm**

For more information: Call 403-586-9992

Olds & District Hospice Society
would like to thank Family and
Community Support Services for
their generous grant.

Proudly
funded
by:



Community Education

The Olds and District Hospice Society believes in education of the public in regards to palliative care. Members will be contacted when there are education sessions scheduled.

HAVE THE CONVERSATION

Speak up...is a national effort to encourage us all to "Have The Conversation" about end of life and what that looks like....for we don't ever know when that could be. April 16, 2014 is a day set aside to honor this effort to 'have the conversation with your loved ones!!

PALLIATIVE CARE WEEK

May 4th commences the beginning of **Hospice Palliative Care** week across Canada....seven days to focus on our efforts to better the care of those facing end of life.

THANK YOU FOR YOUR SUPPORT

We truly are grateful for all the support we received each day from our communities. Whether it's through grant support from FCSS or Nu2u, those that 'show up' at our events, those who sit in the sacred space with clients, and those who believe in the essence of what we are trying to do in supporting those facing end of life. Your support through gift of time, talent, or financial support encourages us to follow the dream!



THANK YOU DEBBIE

Thank you to **Debbie Shindler**... our Service Coordinator for O&DHS... for all her hard work and organization...we are truly blessed to have her as a part of our team!

Thank you Debbie!!!

THANK YOU AGAIN VOLUNTEERS!

The Olds and District Hospice Society would like to sincerely thank all of our volunteers for their continued support and contributions to making our community a better place to live.

Your assistance in various capacities is truly appreciated!

If you would like to volunteer,
Please call the office.
Call 403-586-9992

Important Links

**Canadian Hospice
Palliative**

Care Association

<http://www.chpca.net/>

**Alberta Hospice
Palliative Care
Association**

<http://ahpca.ca/>

**Canadian
Virtual Hospice**

<http://www.virtualhospice.ca/>

eHospice

www.ehospice.com

Advanced Care Planning

www.advancecareplanning.ca



Did you know?

❖ Most people have indicated that they would prefer to die at home in the presence of loved ones, yet almost 70% of Canadian deaths occur in a hospital.

CHPCA Fact Sheet – Hospice Palliative Care in Canada, May 2012

❖ A 2000 research study discovered that 75% of deaths today still take place in hospitals and long-term care facilities.

Quality End-of-Life Care: The Right of Every Canadian, Subcommittee to Update "Of Life and Death" of the Standing Senate Committee

❖ Canadians living in remote and rural areas, or those living with disabilities, have severely limited access to formal hospice palliative care services.

CHPCA Fact Sheet – Hospice Palliative Care in Canada, May 2012

Social Media:

The Olds & District Hospice Society is now on Facebook!

Be sure to “Like Us” Here:

<https://www.facebook.com/#!/pages/Olds-District-Hospice-Society/285279181622737>

Dance Of Life:



We'd like to announce that **Cindy Palin** has written a song for Olds & District Hospice Society called '**The Dance of Life**'.

She was inspired to share this with us over a year ago, and has donated the creation of this to us.

To hear this special song you can go to you tube or you can join us on Hike Day where Cindy will sing it for the first time live!!! We are honored by the gift of this music as it captures another aspect of hospice palliative care. Thank you Cindy!!

Palliative Care Week In Olds, AB:

Town of Olds has proclaimed May 4-10, 2014 **Hospice Palliative Care Week in Olds!!** We appreciate all the support from Mayor Dahl and the council as we look to raise awareness of the importance of good hospice palliative care. We join in with communities across Canada to set aside this week for recognition and support.

Fundraising:

On January 25, 2014, the **Mountain View Film Group** held their annual night of films that have been chosen from the Banff Mountain Film Festival each November. Through the generosity of **Mike Fix of Gotcha Jeans & Sportswear**, and North Face ski jacket is raffled each Banff Film Festival in Olds. This years the tickets were sold by a group of zealous volunteers including three children and four students from the Brew Master Program at Olds College. A grand total of \$800 was raised for the Olds & District Hospice Society! Many thanks to the Mountain View Film Group for gifting this years raffle earnings to the Society!!



Thank You!

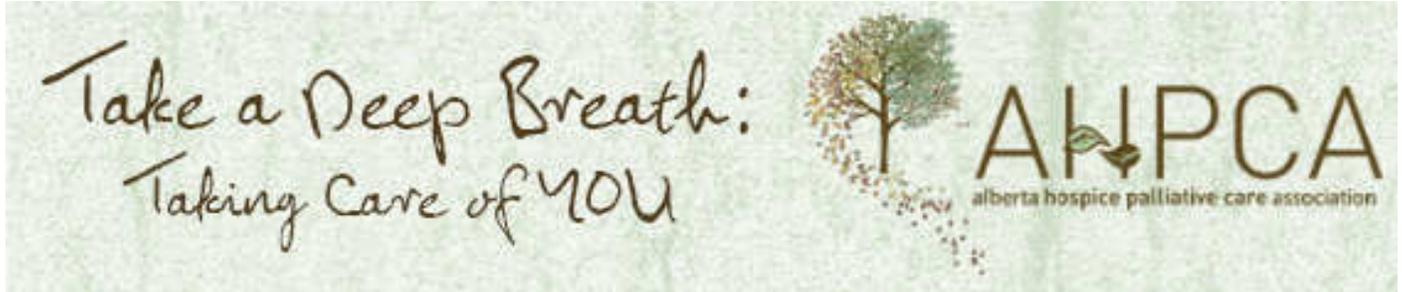
Thank You Brass Media:

We at Olds & District Hospice Society would like to thank **Dean Owens** from Brass Media for his efforts to support the society by creating our own web ad for the Hike for Hospice this year. Please visit our website @ www.oldshospice.com to view a few of the pictures from last year's hike. Thanks Dean!!



UPCOMING CONFERENCE

The Alberta Hospice Palliative Care Association has invited Olds & District Hospice Society to sit on a panel representing communities across Alberta to their **Imagine Conference** in June of this year.



Conference Details:

“Imagine: Connecting Hospice Palliative Care Communities”

The conference is hosted by the **Alberta Hospice Palliative Care Association**.

June 20-21, 2014

Four Points by Sheraton – Edmonton Airport, Nisku, AB

The Alberta Hospice Palliative Care Association is excited to invite individuals working in Alberta’s hospice palliative care groups to be our guests at this new and innovative conference. Through a generous grant from the Eldon and Anne Foote Fund at Edmonton Community Foundation, “**Imagine: Connecting Hospice Palliative Care Communities**” supports Alberta Hospice Palliative Care Association’s (AHPCA) mission to promote comprehensive, equitable and quality end-of-life care for all Albertans. At “**Imagine: Connecting Hospice Palliative Care Communities**”, grassroots hospice palliative groups will connect and build relationships through face-to-face discussions about the opportunities and challenges in their vital work.

Keynote Speaker:

Dr. Martin Labrie

The conference keynote speaker will be the renowned **Dr. Martin LaBrie**, palliative consulting physician with Alberta Health Services, and Clinical Assistant Professor in the Department of Family Medicine, Division of Palliative Medicine, in the Department of Oncology at the University of Calgary.

The other guest presenters, panelists, and the conference topics have been carefully selected based on survey results collected in November. The Alberta Hospice Palliative Care Association would like to thank all the hospice palliative care groups and individuals who shared their thoughts and ideas with us!

Conference participants will have the opportunity to gain knowledge and strategies for:

1. Developing a community-based hospice.
2. Developing a volunteer engagement plan.
3. Developing a community marketing and fund development plan.

For more information on the conference, please see the details, here:

<http://ahpca.ca/imagine-conference-2014/>

