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NEWSLETTER: JUNE 2014

## **3<sup>rd</sup> Annual Hike for Hospice in Olds, AB = SUCCESS!!**

### **Congrats Hiker's of 2014!!!**

Thank you for making a difference!

We truly appreciate your support of the Olds & District Hospice Society through our third annual Hike for Hospice, which took place on May 4<sup>th</sup> 2014.

Although we faced rain and snow at this year's event, everyone involved wore a smile as they ran and walked for a cause important to them. Every step taken, and every dollar donated will have an impact on the quality of hospice palliative care services we are able to sup

Thank you for playing a part in helping us to raise over \$18,000 through this year's hike. Next year's Hike will be Sunday May 3, 2015.



We invite you to visit us online at [oldshospice.com](http://oldshospice.com), where you can learn more about our mission, and explore the many opportunities available to share your gifts and talents as our community works to "share the care" of those facing end of life journeys.

Once more, we thank you whole-heartedly for your generous support.

## **We look forward to May 2015 to see you all again!**

## Do You Want To Go Green?

If you wish to receive future newsletters via email, please email  
Olds and District Hospice Society at [hospice.olds@gmail.com](mailto:hospice.olds@gmail.com)



## Please note:

### VOLUNTEER MEETING *EVERYONE INVITED!*

The next volunteer meeting is

Wednesday, June 25<sup>th</sup> at 6:30. It will be held at the Hospice Society office. There will be an update on the progress of the hospice suites and a guest speaker, Stephen Feswick. He will be sharing his story of a journey in palliative care. All Olds and District Hospice Society volunteers are welcome.

Our office is now open by  
appointment only!  
Call 403-586-9992

Olds & District Hospice  
Society would like to thank  
Family and Community  
Support Services for their  
generous grant.

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## ***Busting Myths***

“People tend to think that hospice palliative care is offered only for seniors with advanced illness—which is not the case,” said Laurie Anne O’Brien, President of the CHPCA, “in fact hospice palliative care is provided to people of all ages—from children, teens, to younger, older and senior adults.

For instance, people may not even know that Canada already has six freestanding children’s hospices to help meet the need. No age is exempt from receiving a life threatening diagnosis, to being prepared for and eventually having to face the final stage of life. We need to continue to advocate for and make sure that all people have access to quality skilled hospice palliative care services, no matter their advanced diagnosis, age or location.”

From “Busting the Myths about Hospice Palliative Care!” Press Release at [www.ehospice.com](http://www.ehospice.com)



## WE'VE BEEN OUT & ABOUT

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### Annual Spring Trade Fairs

Twenty-five volunteers were busy at the annual trade fairs in Didsbury and Carstairs. A table was set up with our Olds and District Hospice Society banner, information pamphlets and prizes. Teams of Hospice Society volunteers and board members answered questions about "what does hospice mean?" A quilt that was very kindly donated by a group called "Threads of Kindness" attracted people to the table in Didsbury.

The winner of the quilt was Bonnie Carson of Caroline. On the Hospice table in Carstairs was an example of a canvas-mounted photograph taken by local photographer Connie Roberts. She generously donated a canvas-mounted photograph of your choice or a photo-shoot. The lucky winner of this prize was Norma Van Dyke of Didsbury. These two trade fairs gave many people a chance to gain an understanding of what hospice is all about.

[Thank you to all the volunteers!](#)

### Art Battle

May 10<sup>th</sup> was the date the first Art Battle took place in Olds. Tickets sold out at \$20.00 each including a drink and Hors d'Oeuvres. Twelve artists too part spending twenty minutes working on a painting, as onlookers browsed around. There was a silent auction as well as fresh-off-the-easel paintings for sale. The event was taking place simultaneously across Canada. Carla Victor kept up-to-date reports posted on Twitter. Olds, Alberta held its own along with much bigger urban centers. In fact, it was the only Art Battle that was Sold Out!

[Thank you to Deborah Ohlhausen of Different Strokes for her enthusiasm and hard work staging this event.](#)

**The funds raised went to the Olds Hospice Society and the Emergency Shelter.**

### Spring Meetings

Red Deer Hospice Society is hosted a meeting June 16, 2014. A group of volunteers from Olds Hospice was invited to share their expertise in palliative client support in a home. There was a guest speaker followed by a chance to exchange ideas.

## FAREWELL & HELLO

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We would like to we say farewell to  
**Heather Fidelak.**

Our sincerest **THANK YOU** for offering if  
your time in O&DHS.

**And we wish you the best for the future!**

We'd like to welcome **Jan Skaluba** to the  
Communications committee and **Darlene  
Coates** to the secretary position :)

**Thank you for being willing to share your  
time and talent with the Society!**

## Press Release 2014

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Entering its 7<sup>th</sup> year of existence, the vision and mission of the Olds & District Hospice Society has not changed. While the goal to have a 4 to 6-bed residential hospice is still present, a realization has been made that improving hospice palliative care in our area means more than building a specialized facility. Good hospice palliative care is “bigger than a building” and as the society continues to work toward having a community-based hospice, some major gaps in end-of-life care are being addressed with extremely positive results.

In the last year, O&DHS has worked toward the development of an innovative pilot project for rural hospice palliative care in Alberta. The proposal is called “A Rural Hospice Solution” and entails partnering with existing private and public health care stakeholders. In this pilot, O&DHS will lease two private suites in the new Sunrise Encore facility in Olds, Alberta.

Slated for completion in the fall and ready for residents then. this innovative partnership enables O&DHS to utilize services in an existing facility – its staff, security, grounds keeping, insurance, laundry, food services, purchasing, etc. – instead of duplicating them in a free-standing hospice facility. In addition to being tenants in Sunrise Encore, the hospice society brings to the partnership a team of trained local palliative care volunteers and a solid community connection.

Clients facing end of life and accessing the hospice suites will receive the same supports they would have had in their own homes, such as Home Care. For those who choose not to stay in their own home or who, for one reason or another, can not stay in their own home, the hospice suites will be a valuable option. The end-of-life journey for individuals and their family and friends can be in a home-life environment with consistent support. That support also extends to the caregivers, friends and family of clients.

Currently, the operational budget of O&DHS is \$80,000. With the implementation of the pilot project, the funding needed by O&DHS increases substantially.

Administration/Educational/Training	\$30,000/year
Services Coordinator Salary	\$25,000 – \$50,000/year
Suite Rental	\$72,000/year
Capital expenses 2014-2015 to furnish and equip two suites	\$50,000

This equates to \$177,000 - \$202,000 in the next year and \$127,000 and \$177,000 per year thereafter.

## Upcoming!

### FIRST DAY OF SUMMER!

**Oldstice** will be celebrated **June 21, 2014** in Uptown Olds. Volunteers will be at the **Olds and District Hospice Society** booth.

Stop in, have a visit and enter your name for the draw.



### EDUCATION

#### **Bereavement Support Program**

The Olds and District Hospice Society will be offering another 8-week Bereavement Support Program in the Fall of 2014.

More details will follow at a later date.

#### **Community Education**

The Olds and District Hospice Society believes in education of the public in regards to palliative care. Members will be contacted when there are education sessions scheduled.

#### **THANK YOU VOLUNTEERS!**

The Olds and District Hospice Society would like to sincerely thank all of our volunteers for their continued support and contributions to making our community a better place to live.

Your assistance in various capacities is truly appreciated!

If you would like to volunteer,  
Please call the office.



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