



Olds and District  
**HOSPICE  
SOCIETY**

### **THANK YOU SPRING FLING COMMITTEE!!**

The Olds & District Hospice Society was honored to have been included in the Olds Spring Fling 2015 at the Cow Palace on April 10th. We are humbled by the community support, the people's choice votes and grateful that the event turned out so very well. Special thanks to the Rotary Club of Olds, the Kiwanis Club of Olds, the media team (CKFM radio station, Murray at the Gazette and Dean at Brass Media) and all the amazing people that supported this event to raise funds for four worthy projects in our community. Congratulations to the Splash Park, the Olds Grizzlies, and to the Olds Exhibition for a great night, good fun and your efforts to help make this community event a success. We are fortunate to be rooted in such a vibrant and generous spot in the world.

### **HIKE FOR HOSPICE**

We are excited to host our 4th Hike for Hospice on Sunday May 3, 2015. This event kicks off Hospice Palliative Care Week across Canada. We will be hiking with thousands of other Canadians to raise awareness and funds to support and improve hospice palliative care. We are grateful to all those in our community for the support we have received every year at this event. Our Hike Committee does an amazing job of planning and coordinating this walk/hike, and we thank them for their time and commitment. All of the funds raised at the hike remain in our community to support and improve hospice palliative care.

The hike theme this year is

***"THE POWER OF 10: LET'S TALK ABOUT HOSPICE PALLIATIVE CARE"***

No one likes to talk about dying or death, and yet it's a guarantee for all of us. It's important to have conversations before we need end of life care and to widen the circle of contact with others in our lives. The Canadian Hospice Palliative Care Association is asking us to have "the conversation" with 10 other people with the goal of improving the understanding and awareness of hospice palliative care. Who will be your '10'?

### **DID YOU KNOW?**

Olds & District Hospice society has supported over 80 families in Didsbury, Olds and Sundre since 2011.

We have connected with 10 communities across Alberta to have the conversation about Rural Hospice Palliative Care.

We have trained over 40 volunteers as Palliative Care Volunteers in the last 4 years.

We average over 3500 volunteer hours per year, between the board, committee members and volunteers.

Olds & District Hospice Society

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